

EXPLORE RED DZAO CULTURE TOUR

Duration: 3 days 2 nights

Route: Sapa —> Suoi ho —> Ma Cha —> Giang Cha —> Ta phin —>Sa Xeng —> Ta chai —>Ta Phin —> Sapa

Distance Covered: 30km

Grade: Medium

ITINERARY

Day 1: Suoi Ho- Ma Cha

As we ease into our tour with a relaxing start time of 9.30am, we depart from [your hotel](#). It is here that we meet our friendly guide and begin the tour. Within a few minutes of walking, we bypass through the [town of Sapa](#), and head on out to the spectacular countryside that [Sapa](#) has to offer. Throughout this trek, we walk alongside stunning rice terraces, with plenty of picturesque opportunities. As we make our way through this countryside, we meet both the H'mong and [Red Dzao minorities](#). This is a good opportunity to chat with your guide to learn about local life for minority groups in this area. As you arrive in the afternoon at your homestay village, you will be happily greeted by the local [Red Dzao people](#). Relax with a refreshing beer while dinner is prepared on an open fire. Share a few laughs, while you eat dinner with your homestay hosts as you also experience the local rice wine. Finish the night with a warming herbal bath, and sleep the night away in the peaceful surroundings of the mountains.

Day 2: Ta Phin- Sa Xeng- Ta Chai

After a relaxing sleep, you may be woken early to the sounds of the resident rooster. If you find this is too early to rise, you may like to sleep for a few more hours and be ready to take on the day with a freshly prepared cooked breakfast around 8.30am. We wander on through to the main village, observing this beautiful landscape. Here we witness local people working in the corn fields. Along the walk your guide will explain about the local plants, and the important uses they

have for herbal medicines within this region. As we traipse on through the misty Mountains, you are provided with an opportunity to experience fantastic views, and take plenty of photos (with weather permitting, as it can change quite rapidly). With an ascent up into the mountains, we will enter into the charming village of the Red Dzao people, where you are left to roam around independently and uncover the way of life for the local people within this village. It is here that you can take in the scenic view of the Chinese border

Please note: As mentioned above, weather can be unpredictable. Weather conditions vary on a day to day basis. Tonight we stay in a *local house*, hidden in amongst the mountains in the quiet village of Ta Chai.

Day 3: Ta Phin- Sapa

We begin the day with a shared breakfast within the village. Depending on the group's preference, we have time to meet more of the local village people, or carry on with the trekking. As you begin the walk back to **Ta Phin village**, you are offered picturesque views with the layout of several houses located together overlooking the impressive mountainous landscape. We stop and relax to enjoy a picnic lunch, followed by a traditional local **Red Dzao** herbal footbath. Feeling rejuvenated, we begin our walk back to the local bus station, with a bus waiting our arrival to transfer back into [Sapa town](#).

INCLUDES

2 Dinner/ 3 Lunch/ 2 Breakfast/ 2 Night homestay/ Guide included/ Car transfer

EXCLUDES

Water/ Insurance/ Tips/ Drinks at homestay

WHAT TO BRING:

trekking shoes, waterproof jacket, suitable clothing, mosquito repellent

BOOKING

Once you've seen our itinerary for [Trekking to the villages of Red Dzao](#), you can make any changes you wish. We are a very flexible tailor-made tour operator and we can design tours to meet our clients' precise requirements.

Please send email to **Sapa Travel** via: info@travelsapa.com for information about [Sapa Tours](#) in Vietnam and our sample tours. Book now for getting promotion rates from First Choice.