

BAC HA SUNDAY MARKET TOUR

Duration: 1 day

INTRODUCTION

[Bac Ha market](#) is well-known for its naturally sub-tropical scenery. Tam Hoa plums are really a local specialty: sweet and fresh. This seems to be created by its own land, people and nature. Average temperature here is 19°C and it's not so cold as in [Sa Pa](#). [Bac Ha](#) is specifically identified by each mount, each house and naturally-made carpet of white plum-flowers in spring. There are 14 ethnic minorities and the H'mong ethnics count for 47% then the Dao, Tay, Nung, Phu La... Mountaineers take care of their horses as their properties, means of transport and close friends.

Tour name: [Bac Ha market](#) (On Sunday)

Duration: 1 day

Start: Sapa Town

End: Sapa Town

HIGHLIGHTS

Bac Ha Market - H'mong King s house - Ban Pho village

ITINERARY

This is a big market filled with many different hill-tribe peoples. It is the most colorful market in North Vietnam. At the market, you have chance to enjoy [Bac Ha](#) people simple but unique kinds of food with special wines made from rice, cassavas, corn and different sorts of fruits such as plumps, apples, peaches... talking to the minorities through the guide s interpretation. What is more, after visiting the market, you are continuing to visit the H'mong King s house (King Hoang A Tuong) built by the French colonists and the Chinese in 1920. Return the town for lunch (by van). In the afternoon, spend time walking to another village (Ban Pho village)

Besides plums, [Bac Ha](#) is reputed for its alcohol (made of maize). Maize is grown on high mountains, its low in productivity but high in nutrition. To make alcohol, it's fermented with Hong My seed (the local only plant). Bac Ha alcohol is well-known due to its source of water. So it's surely believed never to have faulted one in [Bac Ha market](#). Visitors can see the locals selling their own alcohol without feelings to be cheated.

Brocades are for sales in the market or in shops or by street-vendors. There are hand-made or manufactured products. It takes a village-girl even half a month to make a brocade of 20cm long. Their skirts or costumes cost them long time to make. Their dresses express their patience, skills. Visitors can see the girls making brocades right in the market.

Traditional values and identities are well-maintained in the market. Such markets as [Bac Ha](#), Coc Ly have really become rendezvous for visitors at home and abroad. There is almost no bargaining or competition here. Sales girls look quite naive, sincere. They go to the market mainly to meet people and exchange funs. Especially, there is a horse market in town-centre, each market-day there are almost 100 - 200 horses for sales or exchange.

H'Mong or Tay or Dao ethnics' minority girls and boys, with their best dresses on, go to the market to relax and meet their friends. At sunset, they leave with a promise to see again.

Visitors to [Bac Ha](#) are opportune to understand the local traditions and customs, taste local specialties, meet nice people and know a land code-named: white plateau.

Type of tour: Private tour, Medium style

Departure: Every Sunday

Note: [Sapa Travel](#) will pick up you from your [hotel in Sapa](#)

INCLUDES:

- Private car/mini van
- All entrance fees
- Local English speaking [guide in Sapa](#)
- Lunch

EXCLUDES:

- Drinks
- Insurance
- Personal expenses
- Gratuities.
- [Hotel in Sapa](#)