

## **BIKE TO HILL TRIBE**

Duration: 2 days 1 night

Start: from Sapa

End: in Sapa

TOUR NAME: Bike To Hill Tribe

Duration: 2 days 1 night

Activity: Biking

### **INTRODUCTION**

A biking tour to [Hill Tribe Village](#) in Sapa in 2 days and 1 night, staying at the local village house, starting and ending the biking trip in Sapa Town, Lao Cai, Vietnam. This biking tour is organized by the local tour operator, Sapa Travel and we offer a special rate this year.

On this trip, the ride takes you along Muong Hoa valley and then deep into Ban Ho valley, which is home to Tay, Red Dao minorities. You will enjoy beautiful landscape, meet friendly local hill tribe people and spend one night in a local house in Sin Chai Village (learn more about this village), which can be a unique experience that you have ever had in Sapa, Vietnam.

### **OUTLINE:**

Day 1: Sapa Town- Sin Chai Village

Day 2: Sin Chai Village- Nam Cang- Ban Ho Village- back to Sapa town

Start and End: in Sapa Town

Accommodation: Local house

Days of operation: Every day from Sapa

### **ITINERARY**

#### **Day 1: Sapa – Ban Ho – Thanh Phu – Sin Chai (-,L,D)**

Your trip starts from Sapa. You cycle downhill on a windy road going along Muong Hoa valley, which is home to Black H'mong, Giay and Red Dao minorities. From the road you will have many opportunities to enjoy amazing scenery of mountains and rice paddy terraces, especially the off-road riding from [Lao Chai](#) to [Ta Van villages](#). After a short break in [Su Pan](#), you will cycle downhill on a bumpy road until you reach [Thanh Phu](#)

[village](#) of Tay minority. Here you stop for lunch in a traditional Tay house.

After lunch, your ride will be mostly uphill; you head towards [Sin Chai village](#) of Red Dao minority. Here you will have a tasteful dinner and stay overnight in a [local house in Sin Chai](#).

Approx: 5.5 hours cycling

Up/ Straight /Down – 10 km/ 3 km/ 20 km.

## **Day 2: Sin Chai – Nam Nhiu -Nam Than – Nam Cang – My Son – Ban Ho – Sapa (B,L,-)**

The second day's ride will be a little softer. You will pass by some small villages such as Nam Nhiu, Nam Than, [Nam Cang](#) and Nam Sai. In My Son village, you will have opportunity to meet the Xa Pho minority, one of the smallest ethnic groups that cannot be found in other areas. You will pass by Thanh Phu and continue to [Ban Ho](#). Your lunch will be served en route.

In [Ban Ho village](#), you will take a short walk to the nearby river and waterfall, where you can enjoy a swim. You can also take a break and have a cup of tea in a Tay traditional stilt house before getting on your vehicle for a journey back to [Sapa](#).

Approx: 1.5 hour driving/ 4 hours cycling

Up/ Straight /Down – 5 km/ 5 km/ 12 km

*Note: The itinerary can be changed in bad weather.*

### **INCLUDES:**

English Speaking Guide from [Sapa Travel](#)

Mountain bikes, helmets and biking gloves

Support car/ motorbike

All indicated meals, plus tea/coffee (B: Breakfast; L: Lunch; D: Dinner)

Mineral water and fruit

Silk sleeping bag

Sleeping bag and mattresses

Mosquito net

Waterproof bluebag for luggage  
All entrance fees in Sapa  
Homestay in Sin Chai (fees and permits)

**EXCLUDES:**

Personal Insurance  
Accommodation in Hanoi & Sapa Town (Hotel)  
Private expenses  
Drinks and Beverage  
All other services not mentioned as inclusive

**GUIDE:**

English speaking. All of our Sapa Tour Guides are Tourism educated. They were born and raised in Sapa and Vietnam, thereby having first-hand expert knowledge of their Sapa Area. They are friendly, fun, and most of all they are flexible, allowing you to choose the pace of your tours.

They will meet you at your hotel. They are of your private tours. And, of course, speak your language!

Your request will be handled by one travel specialist from start to finish. After carefully designing your trip they will create a detailed itinerary for you. Please keep in mind this is YOUR PRIVATE TOUR so feel free to ask Sapa travel specialist to make any changes you wish to make, at any time!

**CONFIRMATION**

Once you are satisfied with the itinerary, we will secure the services and you will be required to pay a deposit of 30% of the total cost of your trip. The balance of payment can be paid either by CASH UPON PICK UP in your hotel in Sapa, or by credit card/ bank transfer/Western Union 45 days before Sapa Tour. Please discuss these payment options with your Sapa travel specialist, for more detailed information.

**STAYING IN TOUCH**

Even after booking, you'll undoubtedly think of more questions, so please feel free to contact your Sapa Travel specialist at any time. We like to hear from you! YES....even

while you are on your tour, we will be more than happy to make changes, or correct anything you are not completely happy with.

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Contact us to book the tour “Bike to Hill Tribe Village” in Sapa. We can offer promotions in Summer season